

Disclaimer

This guide is for informational purposes only and is not a substitute for medical advice. It is an opinion and should be used for personal entertainment purposes only. This guide is not to be considered as legal, personal, or medical advice and you are responsible for your own doings.

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Introduction

Hey, Jack Grave here.

I'm so glad you decided to download this special report.

In these pages, I'm going to explain a powerful new sex technique – called the "Stay Solid Sex Position"...

...that's been specifically tailored to help men maintain a <u>throbbing</u>, <u>pulsating erection</u> during sex.

For anyone who's ever suffered from limp hard-ons, erectile dysfunction or premature ejaculation, this position could be the answer to their prayers.

The position's been designed to avoid overstimulating your penis too fast, too soon, whilst still giving a gradual level of stimulation that keeps it "standing to attention" no matter how firmly you thrust. It also ensures a steady blood flow to your penis during sex, helping it become more rigid in the first place.

And best of all, it's incredibly easy for ANY man to start using it.

I've included clear, step-by-step instructions that you can follow with your partner (along with detailed pictures you can copy if you wish) to perform this position as effectively as possible – and as soon as possible. Perhaps even tonight!

Hope you and your partner have fun giving this a go – hopefully night after night after night, with your "limp noodles" a thing of the past.

Let's get started...

Jack Grave

About Jack Grave

Jack Grave is a leading men's health expert who has taught sex advice to millions of men from over 100 different countries.

Author of countless books and programs helping men improve their performance in the bedroom, men regularly seek out Jack for his expertise on erectile dysfunction, premature ejaculation and female pleasure. The "Stay Solid Sex Position": instructions Right, I won't waste any time.

I know you're keen to start using this position to stay hard for longer in bed – and transform your sex life forever in the process.

So, without further ado, here's exactly how to pull of the "Stay Solid Sex Position":



- 1. Lie on your side, facing your partner.
- 2. Have her tuck her right leg underneath your left hip, inserting yourself inside her in the process.
- 3. Next, she needs to place her left leg over your right-hand side, with her left knee tucked inside your right armpit.
- 4. Thrust away to your heart's content. For variation, switch the legs around (i.e. tuck her left leg underneath you, and so on).

And that's it! There's a number of benefits to this position: by wrapping her leg around you, you'll be able to thrust with much more control and timing, since your movement will be slightly more restricted.

As a result, you avoid overstimulating your penis with rapid, more intense thrusting, allowing you to maintain your hard-on for <u>far</u> longer before the eventual climax.

You'll be able to focus on penetrating her more deeply and powerfully, maximising the pleasure for both of you AND ensuring it lasts as long as possible.

Win win!

But before you run off and give this position a try, I thought I'd explain a little more about WHY it helps men stay hard for longer – and how you can use it to enjoy even more unforgettable sex.

Why does this position help your erection last longer?

Let's consider some of the reasons men suffer from conditions like PE and ED, which make it difficult to get and stay hard.

Some men don't get the sufficient blood flow to their member during arousal to maintain a solid hard-on. It might be due to an issue with their blood circulation, or the usual positions of their body during sex not allowing to blood to flow easily towards the groin.

Other men have particularly sensitive "members" which react more powerfully to sexual stimulation. Their nerve endings relay such intense, overwhelming feelings of pleasure back up to their brain that their climax is triggered far too quickly.

<u>Stress, anxiety and other negative emotions</u> can also play a part. Perhaps the guy's so worried about being unable to maintain his erection that he tricks his body into ejaculating too quickly to compensate. Alternatively, their worries may prevent their brain from triggering the necessary blood flow to their member during sex for a thick and firm hard-on.

If any of these issues sound familiar, I'd first recommend heading to the doctor to understand the full scale of the problem – and start working on a solution to fix it.

However, whatever your ED-related issue, the "Stay Solid Sex Position" is perfectly designed to help overcome it.

As briefly mentioned earlier, the thrusting is much slower and more controlled. You'll find it much easier to avoid overstimulating your penis, giving you <u>control</u> over when you when you climax.

You'll stay rigid for as long as you please, since you'll give your body extra time for additional blood to flow to your member. This allows it to get as fully engorged as possible – and the gradual stimulation allows it to stay that way, all whilst enjoying the more intense pleasure of deeper thrusting! By sticking to a pattern, you'll also help calm your brain of any nerves and worries you might be having, as it provides the brain with a separate point of focus to distract itself from these emotions - to focus instead on giving your lover the best experience possible. It also keeps your breathing in a consistent pattern. This activates nerve endings in the lungs that release additional hormones calming the brain down.

Quite a lot for one simple position!

And that's what makes it so useful: it helps address so many different issues that stop men from maintaining their hard-ons during sex. These are issues that some men struggle with <u>their entire lives</u> – but this can be a huge step towards achieving that incredible "package" that makes your wife gasp, giggle... and purr with anticipation.

It takes very little practice to master, no matter your age or health.

The "Stay Solid Sex Position" can be your one-way ticket to incredibly thick hard-ons that last HOURS.

For added effect (or if it doesn't work first time), perhaps try thrusting even more slowly and deeply, to ensure her erogenous zones – and the surface of your penis – is given the most sensual stimulation possible.

So go ahead and give it a try!

Conclusion

Congratulations! You're now equipped with a highly enjoyable sex position to get and maintain a pulsating erection – and drive your partner wild with your newfound bedroom performance, as you penetrate her more deeply, powerfully and for MUCH longer.

With the "Stay Solid Sex Position", men of all ages, fitness levels and sexual histories can overcome whatever's holding them back in the bedroom and enjoy the kind of hot, steamy sex they've always dreamed about having... and being the kind of lover their partner's always fantasized about.

I wish you both all the best of luck!

But whilst this position *can* help you get longer-lasting erections, it's only a basic technique.

Wouldn't it be great if you could retrain your brain and body to completely overcome the underlying reasons preventing you from getting pulsatingly hard on command?

If you like what this technique can do, then you'll love the more advanced strategies I've got for you that can help you stay hard for <u>even longer</u> and vastly improve the quality of your sexual experience.

ADVANCED techniques for getting and staying hard on command...

To discover how to instantly gain control over your ability to get erections and keep them for as long as you like, you've got the opportunity to learn from adult movie star Aaron Wilcoxx.

As a star of over 200 adult movies, Aaron's had the opportunity to refine his techniques with hundreds of different women, as well as develop the ability to get rock-hard and orgasm only when he desires and last for long periods, even hours, at a time if necessary. And he's now put together a video explaining the secrets behind his high level of sexual performance so that men like you can see how it's done - and try them out yourself.

Want to find out how experienced professionals like him do it? Then click below to watch the video...



Watch the video here: http://3stepstamina.com/report-video